



Stryder Social Program February – March 2018

Dear Passengers

Happy 2018 to all our current and new clients. We hope you have a wonderful year making the best of the services we provide.

You will notice over the next two months we have the return of our picnic days, a Saturday trip to the Rocks Markets and visiting Warringah Mall and St Ives shopping centres. We have a day out to Manly Beach, spend time wandering along the esplanade and soaking up the sunshine. The driver will drop you off and advise pick up time and place.

There will be no services over Easter - Good Friday 31st March and Easter Monday 2nd April. We have scheduled the shopping buses to Macquarie and Gladesville for Thursday 30 March, see program for details.

Telephone Booking Days for social outings

For those who are new, we have 'booking days' for our social outings to allow everyone equal opportunity to book a seat for our popular trips. We only allow passengers to book one month at a time on, or after, booking days.

- **Friday, 2nd February 2018** (to book for February outings)
- **Friday, 2nd March 2018** (to book for March outings)
- Any time after 9.15am on booking day phone 9816 5000, choose option 2
- Please do not leave your bookings on the answering machine, please call again if you can't get through.

Should your desired day be full when you book we will put you on a waiting list. We often get cancellations and sometimes we put on a second vehicle – so don't despair – we try to accommodate everyone. The day before your outing, give the office a call for your pick-up time.

Social Outing Pick up Areas

You will notice that some outings are listed as Eastside or Westside. This is to assist in quicker pick up times. The rule of thumb is:

"Eastside" = for those you live on City side of Lane Cove Road (Devlin/Church St)

"Westside" = For those who live on the West Ryde or Marsfield side of Lane Cove Road

Shopping and Flexiride Services

On the next page is our timetable for our regular group shopping services. Our Flexiride service is a great option if you want access to a local destination. They do get popular though, so book early to avoid disappointment.

Booked Individual Transport Service

This is the best service to use if you have a medical, hospital, physio, podiatry or other appointment. However, bookings are to be made well in advance of appointment to allow us time to schedule in the vehicle that best suits your needs.

Lower North Shore Shuttle (Mini-bus Timetable)

You may not know, but last year this new daily shuttle commenced and goes to St Leonards via Greenwich, Lane Cove and North Sydney. It picks passengers up from their homes and drops at desired destination. The timetable is:

Departs Ryde/Hunters Hill Area	Departs Royal North Shore Hospital
9.00am	10.00am
11.00am	12.00pm
1.00pm	2.00pm
	3.15 *where no driver available taxi voucher will be offered

Website & Email

Did you know booked Individual Transport Services like medical and hospital bookings can be made on our website, up to three days in advance? Social and shopping bookings still need to be made over the phone, however, you can view the calendar on the website or download another copy of the latest social program if you mislay your copy! www.stryder.org.au. Prefer to get your Social Program by email? If you would like to receive this way please send an email advising same, to admin@stryder.org.au.

NDIS Social Clients

For clients who receive a National Disability Insurance Package, please note the bus cost charges indicated on the program are only for clients eligible for the subsidised rate under the funded Commonwealth Home Support Program and the Community Transport Program. Please refer to your individual agreement with us for relevant charges or give us a call if you're not sure.

Stryder – new name

For those who might have missed our announcement, we are now called Stryder. Next month will see our new designs on our vehicles. We are looking forward to the big reveal.

Sincerely
Virginia Coy,
General Manager

Stryder (Ryde Hunters Hill Community Transport)
PO Box 162, Gladesville, 1675 Ph: 9816 5000
info@stryder.org.au | www.stryder.org.au

Shopping Timetable – February & March 2018

Macquarie Shopping Centre

\$15.00

Assistance is offered on this service. This weekly service operates on both Tuesdays & Fridays. A limit of 2 green environmental bags, or equivalent, may be taken home on the bus. **NO PERSONAL SHOPPING TROLLEYS ALLOWED ON BUS (for safety reasons)**

**Tuesdays: Pick up from 9.00am
Return at 12.00noon**

**Fridays: Pick up from 9.00am
Return at 1.00pm**

Tuesday 6th February Tuesday 6th March
 Tuesday 13th February Tuesday 13th March
 Tuesday 20th February Tuesday 20th March
 Tuesday 27th February Tuesday 27th March

Friday 2nd February Friday 2nd March
 Friday 9th February Friday 9th March
 Friday 16th February Friday 16th March
 Friday 23rd February Friday 23rd March
 Thursday 29th March

Top Ryde Shopping Centre

\$15.00

Two Thursdays a month:
 Pick up from 10.15
 Depart Top Ryde 1.30pm

Thursday 8th February
 Thursday 22nd February

Thursday 8th March
 Thursday 22nd March

Gladesville Shopping Centre

\$15.00

Pick up from Gladesville area from 8.30am
 Arrive Gladesville Shopping Village 9.25am
 Pick up from Hunters Hill area from 9.35am
 Arrive Gladesville Shopping Village 10.15am
 Depart for Gladesville area 11.30am
 Depart for Hunters Hill area 12.30pm

Friday 2nd February
 Friday 9th February
 Friday 16th February
 Friday 23rd February

Friday 2nd March
 Friday 9th March
 Friday 16th March
 Friday 23rd March
 Thursday 29th March

Flexiride

**\$10.00 one way,
\$15.00 return**

**Monday to Friday, 9.30 to 2.30pm for non-medical bookings
 Ryde, Hunters Hill, Birkenhead Point and Rhodes**

Perfect for getting about in the local area for all your personal business needs.
 Door to Door service
 Bookings essential
 Pick-up time given at time of booking

February 2018

Telephone Booking Day is Friday, 2nd February 2018

Please telephone 9816 5000 after 9.15am

Please note bookings can be made after this date, subject to availability.

TUESDAY 6/2/18



EAST SIDE – Asquith Bowling Club

Today we are heading to the outskirts of Sydney to enjoy an exciting Australian cuisine with daily specials from \$10.00 or select from the main menu.

Bus Cost: \$15.00

Bistro cost from approximately \$10.00 - \$25.00

WEDNESDAY 7/2/18



BOTH SIDES – Warringah Mall

Discover the huge range of stores at Warringah Mall. Fashion, homewares and fresh produce with a variety of cafes and eateries to grab a bite to eat. Our driver will drop the clients off and return for collection at 1.30pm

Bus Cost: \$15.00

Lunch at own expense

THURSDAY 8/2/18



WEST SIDE – Asquith Bowling Club

Today we are heading to the outskirts of Sydney to enjoy an exciting Australian cuisine with daily specials from \$10.00 or select from the main menu.

Bus Cost: \$15.00

Bistro cost from approximately \$10.00-\$25.00

MONDAY 12/2/18



BOTH SIDES – (Local outing) Frappe Café – Concord.

Frappe Café is not just a coffee it's a lifestyle boasting tasteful food. Come and enjoy a new trendy local venue for a taste sensation.

Bus Cost: \$15.00

Lunch cost from approximately \$15.00-\$25.00

TUESDAY 13/2/18



Bus Cost: \$20.00

WEST SIDE – Danny's Seafood Café – La Perouse

Danny's Seafood Café occupies a perfect position with views over the water at La Perouse. Come and enjoy a casual dining experience and sit back and enjoy the views.

Lunch cost from approximately \$15.00-\$25.00

WEDNESDAY 14/2/18



Bus Cost: \$15.00

BOTH SIDES – Malia's Mystery Trip – This will be a very exciting day filled with fun, laughter and adventure. Malia has planned a great day out so come and enjoy the fun, she did mention waterslides (only joking!)

Lunch cost from approximately \$15.00-\$25.00

THURSDAY 15/2/18



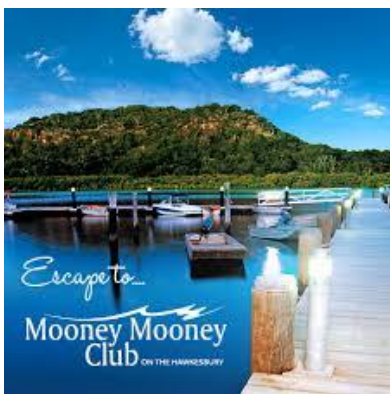
Bus Cost: \$20.00

EAST SIDE – Danny's Seafood Café

Danny's Seafood Café occupies a perfect position with views over the water at La Perouse. Come and enjoy a casual dining experience and sit back and enjoy the views.

Lunch cost from approximately \$15.00-\$25.00

MONDAY 19/2/18



Bus Cost: \$20.00

EAST SIDE – Mooney Mooney Club

On the shores of the Hawkesbury River you will find the Mooney Mooney Club. The perfect place to relax and enjoy a delicious lunch. Today the set menu offers a bread roll, main meal, dessert and tea & coffee all for \$20.00. You can choose from:

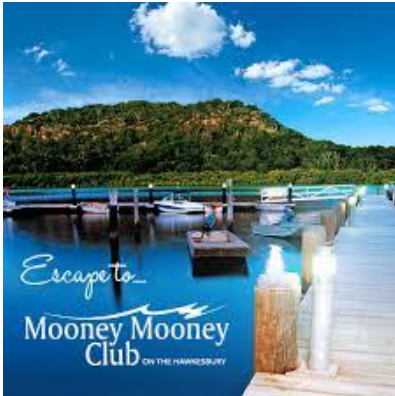
- Chicken Schnitzel with salad & chips
- Bangers & Mash served with gravy
- Beer Battered Flathead with chips & salad
- Chicken Caesar Salad.

Please advise office staff of your choice when booking this outing.

Set Menu \$20.00

(need minimum of 10 guests for meal deal)

TUESDAY 20/2/18



WEST SIDE – Mooney Mooney Club

On the shores of the Hawkesbury River you will find the Mooney Mooney Club. The perfect place to relax and enjoy a delicious lunch. Today the set menu offers a bread roll, main meal, dessert and tea & coffee all for \$20.00. You can choose from:

- Chicken Schnitzel with salad & chips
- Bangers & Mash served with gravy
- Beer Battered Flathead with chips & salad
- Chicken Caesar Salad.

Please advise office staff of your choice when booking this outing.

Bus Cost: \$20.00

Set Menu \$20.00

(need minimum of 10 guests for meal deal)

WEDNESDAY 21/2/18



BOTH SIDES – St Ives Shopping Centre

Discover the huge range of stores at St Ives Shopping village from fashion, homewares and fresh quality produce. Also enjoy a wide range of in-centre dining options. Our driver will drop clients off and return to St Ives at 1.30pm for collection.

Bus Cost: \$15.00

Lunch at own expense

THURSDAY 22/2/18



BOTH SIDES – BBQ Picnic in the Park

Yippy yahoo the picnics are back! Come and enjoy a relaxed BBQ lunch with a sausage sizzle cooked to order. And yes, we will stop somewhere nice for a coffee along the way!

Bargain of the week: Bus & Lunch cost \$15.00

MONDAY 26/2/18



BOTH SIDES – Eden Gardens

The Dragon Fly Café is set amongst the picturesque and tranquil garden of Eden. Join us for lunch, browse around the beautiful shop or take a stroll through the enchanted gardens. You may even be tempted to purchase some plants.

Bus Cost: \$10.00

Lunch cost from approximately \$15.00-\$25.00

TUESDAY 27/2/18



BOTH SIDES – Wentworthville Leagues Club

Tempt your taste buds with the appetizing menu in the Lawsons Bistro. You'll find all of your old favourites (Roasts, Chicken Schnitzel & Fish Chips at great prices) or a host of exciting new dishes from the main menu.

Bus Cost: \$15.00

Lunch cost from approximately \$15.00-\$25.00

WEDNESDAY 28/2/18



BOTH SIDES – Bobbin Head Café – Morning Tea

It's our monthly morning tea. Come along and enjoy a delicious morning tea and catch up with friends set in a tranquil bushland setting.

Bus Cost: \$15.00

Small Coffee & Cake \$10.00

March 2018

Booking Day is Friday 2nd March 2018
Please telephone 9816 5000, after 9.15am

Please note bookings can be made after this date, subject to availability.

MONDAY 5/3/18



Bus Cost \$15.00

BOTH SIDES – Rhodes Shopping Centre

Discover the huge range of stores at the Rhodes Shopping Centre. Fashion, homewares including Ikea and Target with a variety of cafes and eateries to grab a bite to eat. Our driver will drop the clients off and return for collection at 1.30pm.

Lunch at own expense

TUESDAY 6/3/18



Bus Cost \$15.00

EAST SIDE – Merrylands RSL - Buffet

'Signatures Buffet' offers a gourmet selection of food with only the best ingredients and an array of meals that will tantalize your taste buds. There are over 80 dishes to select from including exquisite desserts. Always a favourite!

Buffet Cost: \$14.00

WEDNESDAY 7/3/18



Bus Cost \$15.00

BOTH SIDES – Morning Tea @ Cumberland State Forest

Come and experience the tranquil setting of the hidden forest in suburbia. Be surprised as the bus winds down into the forest through the magnificent gum trees alive with birdlife. The more adventurous can stroll through the short sensory walk, or if you prefer just sit back and enjoy a cuppa with friends.

Morning tea cost: Scones & Coffee \$11.50

THURSDAY 8/3/18



Bus Cost \$15.00

WEST SIDE - Merrylands RSL – Buffet

'Signatures Buffet' offers a gourmet selection of food with only the best ingredients and an array of meals that will tantalize your taste buds. There are over 80 dishes to select from including exquisite desserts. Always a favourite!

Buffet Cost: \$14.00

MONDAY 12/3/18



Bus Cost:15.00

BOTH SIDES – Royal Motor Yacht Club (Port Hacking) Yachties Bistro is located at Port Hacking with unrestricted views of Gunnamatta Bay. Come and enjoy a delicious meal and enjoy the stunning views.

Lunch cost from approximately \$15.00-\$25.00

TUESDAY 13/3/18



Bus Cost: \$20.00

WEST SIDE – Glenorie RSL is located in the beautiful rural outskirts north west of Sydney. Glenorie RSL offers a variety of good hearty country meals as well as \$14.00 meal specials board. Another client favourite!

Lunch cost from approximately \$14.00 specials or from main menu \$15.00-\$25.00

WEDNESDAY 14/3/18



Bus Cost: \$15.00

BOTH SIDES – Day out to Manly Beach

While the weather is still warm, and the holiday makers have returned to work we are venturing to Manly Beach for the day. Bring a picnic lunch with you or stroll down the Corso for some delicious fish & chips. Don't forget to bring a hat and water bottle. Driver will not stay with the clients but will be in the area.

Lunch at own expense

THURSDAY 15/3/18



Bus Cost: \$20.00

EAST SIDE – Glenorie RSL is located in the beautiful rural outskirts North West of Sydney. Glenorie RSL offers a variety of good hearty country meals as well as \$14.00 meal specials board.

Lunch cost from approximately \$14.00 specials or from main menu \$15.00-\$25.00

MONDAY 19/3/18



Bus Cost: \$20.00

WEST SIDE – Pie in the Sky has a gorgeous view overlooking the Hawkesbury River. On offer are 22 different types of pies. Their little slice of heaven has been in operation close to 30 years. Come and enjoy an unbeatable Australian pie eating experience.

Lunch cost: Pies range from \$6.50 - \$7.00 (drinks are extra).

TUESDAY 20/3/18



Bus Cost: \$20.00

EAST SIDE – Pie in the Sky has a gorgeous view overlooking the Hawkesbury River. On offer are 22 different types of pies. Their little slice of heaven has been in operation close to 30 years. Come and enjoy an unbeatable Australian pie eating experience.

Lunch cost: Pies range from \$6.50-\$7.00 (drinks are extra).

WEDNESDAY 21/3/18



Bus Cost: \$10.00

BOTH SIDE – Birkenhead Shopping Centre
Birkenhead is Sydney's largest outlet centre. It has a vast selection of local and international retailers. Come along and enjoy the variety of stores or just sit back and enjoy the view over a cup of coffee. Our driver will drop the clients off and return for collection at 1.30pm.

Lunch at own expense

THURSDAY 22/3/18



BOTH SIDES – BBQ Picnic in the Park

Enjoy a local outing with friends and feast on a delicious sausage sizzle made to order. Yes, we will stop somewhere nice for coffee along the way! If you have any dietary requirements please let the office know and we will try and accommodate.

Bargain of the week: **Bus & Lunch Cost: \$15.00**

SATURDAY 24/3/18



Bus Cost: \$15.00

BOTH SIDES – Rocks Markets, Sydney

The Rocks Markets is nestled between our picture-perfect harbour and Sydney Harbour Bridge. Have a browse through hundreds of great finds ranging from fashion, handcrafted jewellery, homewares and art. After all the shopping we will stop for lunch at the Norths Rugby Club which offers a variety of dishes from around the world using only the freshest ingredients.

Lunch cost from \$15.00-\$25.00

MONDAY 26/3/18



Bus Cost: \$20.00

EAST SIDE – Mingara Recreation Club

We are heading for the Central Coast today to enjoy a scenic drive and scrumptious lunch. Indigo Eats offers a wide variety of tasty dishes and \$12.00 lunch specials.

Lunch cost \$12.00 lunch specials or off main menu \$15.00 - \$25.00

TUESDAY 27/3/18



Bus Cost \$15.00

BOTH SIDES – Flower Power Enfield – Café Belle Fleur

Set within the Flower Power Garden Centre at Enfield, Café Belle Fleur is a lovely place to come and relax and enjoy the water features, listen to the birds or watch the cockatoos & rosellas in the aviary. It's a feast for the senses and wonderful food as well.

Lunch Cost from \$15.00 - \$25.00

WEDNESDAY 28/3/18



Bus Cost: \$20.00

WEST SIDE – Mingara Recreation Club

We are heading for the Central Coast today to enjoy a scenic drive and scrumptious lunch. Indigo Eats offers a wide variety of tasty dishes and \$12.00 lunch specials.

Lunch Cost from \$12.00 lunch specials or off main menu \$15.00 - \$25.00

THURSDAY 29/3/18



Macquarie Shopping Centre & Gladesville Shopping Centre

– this regular service will be available on Thursday this week due to the Good Friday being a public holiday. All welcome. Please call the office to book your seat.

Helpful Sheet to use when booking your trips on the phone.

February 2018	Booking Day (February outings) Friday, 2nd February 2018
Tuesday, 6 th February	Asquith Bowling Club (East)
Wednesday, 7 th February	Warringah Mall (Both)
Thursday, 8 th February	Asquith Bowling Club (West)
Monday, 12 th February	Frappe Café – Concord (Both)
Tuesday, 13 th February	Danny's Seafood Café (West)
Wednesday, 14 th February	Malia's Mystery Trip (Both)
Thursday, 15 th February	Danny's Seafood Café (East)
Monday, 19 th February	Mooney Mooney Club (East)
Tuesday, 20 th February	Mooney Mooney Club (West)
Wednesday, 21 st February	St Ives Shopping Centre (Both)
Thursday, 22 nd February	BBQ Picnic in the Park (Both)
Saturday, 24 th February	Calamity Jane – Riverside (no more tickets available)
Monday, 26 th February	Eden Gardens (Both)
Tuesday, 27 th February	Wenty Leagues (Both)
Wednesday, 28 th February	Bobbin Head – Morning Tea (Both)
March 2018	Booking Day (March outings) Friday, 2nd March 2018
Monday, 5 th March	Rhodes Shopping Centre (Both)
Tuesday, 6 th March	Merrylands RSL (East)
Wednesday, 7 th March	Cumberland State Forest (Morning Tea) (Both)
Thursday, 8 th March	Merrylands RSL (West)
Monday, 12 th March	Royal Yacht Club – Port Hacking (Both)
Tuesday, 13 th March	Glenorie RSL (West)
Wednesday, 14 th March	Day out to Manly Beach (Both)
Thursday, 15 th March	Glenorie RSL (East)
Monday, 19 th March	Pie in the Sky (West)
Tuesday, 20 th March	Pie in the Sky (East)
Wednesday, 21 st March	Birkenhead Shops (Both)
Thursday, 22 nd March	BBQ Picnic in the Park (Both)
Saturday, 24 th March	Rocks Markets/Norths Rugby Club (Both)
Monday, 26 th March	Mingara Recreation Club (East)
Tuesday, 27 th March	Flower Power Enfield (Both)
Wednesday, 28 th March	Mingara Recreation Club (West)
Thursday, 29 th March	Macquarie & Gladesville Shopping